

# COMBAT LOGISTICS BATTALION -5

NEWSLETTER NOVEMBER 2009

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Executive Officer: Maj Shane Long
Sergeant Major: SgtMaj Brian Cullins

Motor Transportation
Commander:
Capt Matt Zimbalist

Headquarters/Support

Commander:

**CWO Daniel Vaccaro** 

Family Readiness Officer:

Dwayne Perry

Contact Information:

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Battalion Duty Officer 760-763-4934

## From The Commanding Officer

Families and Friends of CLB-5 Marines and Sailors

Greetings! As we move deeper into Fall and towards the Winter season, I want to take the opportunity to let you all know of the many happenings going on inside and around CLB-5 and a glimpse at the road ahead. The Battalion, its Marines and Sailors, have been very busy and working extremely hard. After returning from a seven month deployment to Iraq back in March, there has been a large turnover of personnel throughout the unit. In the midst of many new people getting to know one another, the Battalion, with the Motor Transport Company as the main effort, supported 11th Marines two-week artillery Fire Exercise aboard Camp Pendleton. Headquarters and Service Company planned and executed three command post (CP) exercises to organize the headquarters for setting-up, operating and communicating in an expeditionary field environment. Marines of Support Company completed annual maintenance services on vehicles from 5th Marine Regiment and prepared equipment for a three week exercise at 29 Palms. Additionally, the Marines and Sailors were inspected by senior experts and leaders from the Marine Logistics Group as part of the Commanding General's Inspection Program. On top of that, the experts from equipment maintenance, maintenance management and supply functions inspected our Marines in those critical areas during a two week long Logistics Readiness Evaluation. Marines of Motor Transport Company carried the additional burden of not only going through this maintenance and administrative work, but of going into the field to work on tactical skills of driving, firing crew-served weapons and developing procedures for dealing with enemy threats. A culmination of this stretch of the calendar was deploying to the Marine Corps's MAGTF Training Center at 29 Palms, CA to support the 1st Marine Division in its combined arms exercise "Steel Knight." Steel Knight was a nearly three week exercise in which Marines and Sailors provided transportation, supplies and equipment/vehicle maintenance to their fellow Marines of the 11th Marine Regiment (artillery) and the 1st Marine Regiment (infantry) to include elements of 1st Tank Battalion and 1st Light Armored Reconnaissance Battalion. While working to support these units, CLB-5 was training to work together as team. The ultimate report card will always come from those units we support. From all accounts and corners, from the Commanding General of the 1st Marine Division ondown, your Marines and Sailors earned praise and gratitude for their efforts, support and performance.

The road ahead likely leads to a deployment to Afghanistan; although no one knows for sure when we will reach that mile marker. It is the Battalion's mission and duty, and that of each one of it's Marines and Sailors, to be ready for that time whenever it comes. Thus, in and around the Fall and Winter holidays, the Battalion will continue to aggressively press forward with training and preparation which includes a return trip to 29 Palms for a month's worth of fast-paced, intense training for all hands. Still though, there will be the holidays and time for family, friends, home and rest. Towards that end, the Battalion will host its own holiday party for the Marines, Sailors and families of CLB-5. My wife, Bernadette, and I look forward to meeting all of you there. As always, your patience and steadfast support of your Marines and Sailors, and the Battalion at large, are critical to our overall effectiveness during these continuing challenges. Your on-going efforts and sacrifices in support of them and your own families are greatly appreciated.

Despite the growing pains of adjusting to many changes and new people over the past four months, the Marines and Sailors have persisted in their professionalism and risen to the many varying challenges of trying to do so much in a very short time. They have done themselves proud and you should be proud of them.

Semper Fidelis,

LtCol Jeff Jarosz

# HEADQUARTERS/SUPPORT COMPANY





MMO hard at work!!

Marines, Sailors and Families,

I am proud and privileged to introduce myself as the Headquarters and Support Company Commander. It has been my honor to serve with and lead your outstanding Marines and Sailors during this exciting time in our battalion. Your Marines and Sailors have been busy preparing for an up coming inspection and supporting two different units during a two week training exercise in 29 Palms. The company did an excellent job and far surpassed expectations. Their professionalism and expertise in their fields never ceases to amaze me. I could not be more pleased with their performance. The tempo will increase over the next few months as we prepare for a battalion field exercise in December and for Mojave Viper in January. I know that we are ready for the challenge and will succeed as a team. My wife Melanie and I look forward to meeting with all of you at the Marine Corps Ball and during battalion holiday events this winter. These events promise to be a great time, I encourage you to attend.

Thank you for all that you do to support our great nation and battalion. The sacrifices that you make every day do not go unnoticed. We would not be capable of doing our jobs without your support.

Sincerely, CWO2 Daniel Vaccaro

# MOTOR TRANSPORTATION COMPANY



Marines, Sailors and Families,

In the four and a half months that I've had the honor to command Motor Transport Company, there has been a great deal of work and training, both in garrison and out in the field. We have worked some very long hours, and skipped weekends and holidays at times, and I know this is very difficult on our families. I want to take a moment to thank the families, spouses, parents, and loved ones of Motor Transport Company for supporting your Marines as they have put in so much work over the last several months. The immediate result of this hard work and dedication was the phenomenal execution of Exercise Steel Knight at 29 Palms. Families: Your Marines were magnificent and I couldn't be more proud of them. There is more hard work and long hours to come as we draw closer to deployment. I want the families of Motor Transport Company to know that the Marines and I are putting in the time, work and training now to ensure that we're as prepared for deployment as possible, in order to return safely to you when the job is done. Marines, thank you again for your dedication. Families, thank you again for your support!

> Very Respectfully, Capt Matt Zimbalist

# PROMOTIONS

#### 1 JULY 2009-

Cpl Craig, Zachary
Cpl Davidson, Piarella
Cpl Ortegatellez, Gilberto
Lcpl Mike, Kevin
Lcpl Wallin, Darryl
Pfc Carlos Jr, Jose
Pfc Halsey Ryan

Pfc GarciaRodriguez, Fernando

#### 1 AUG 2009-

Capt Carlson, Christian Sgt Cordero Christian Sgt Linsenmann, David Cpl Ford, John Cpl Gunstanson, Johnathon Cpl Harrington, Rob Lcpl Bird, Micheal Lcpl Brown, Anthony

1 SEP 2009

Sgt Fisher, Jacob Cpl Brockmeier, Joseph Cpl Chamberlin, Thomas Cpl Draughon, George Cpl Ford, John Cpl Harrington, Rob Cpl Paringer, Garrett

1 OCT 2009

Cpl Abbott, Corey Cpl Begay, Fredrick Cpl Duggan, Michael Cpl Garcia Jr, Arnold Cpl Gulick, Benjamin Cpl Hudson, Michael Cpl Jenkins, Jesse Lcpl Rothgeb Terrence

SSgt Lopez, Estevan

#### 1 NOV 2009

SSgt Morant, Ronald Sgt Bach, Preston Cpl Duckworth, John Cpl Johnson, Gary Cpl Johnson, Robert Cpl Perkins, Patrick Cpl Zeller Andrew Lcpl Boecking, Michael Pfc Grass, Kyle
Pfc Hinojosa, Christopher
Pfc Long, Christopher
Pfc Massey, Ryan
Pfc Mcdonald, Jonathon
Pfc Millikan, Andrew
Pfc Sandoval, Fidel
Pfc Schwartz, Alex

Lcpl Jones, Jeremy Lcpl Ledesma III, Jose Lcpl Long, Jestin Lcpl Masten Jr, Robert Pfc Robledo, Sonya Pfc Garcia, Erasmo Pfc MartinezTorres, Cristian Pfc Spridgeon, Wesley

Lcpl Jaime, Luis Lcpl Learn, Jace Lcpl Ledesma III, Jose Lcpl Roughton, Bryan Lcpl Salas, Michael Lcpl Trejo, Victor

Cpl Kronmeyer, Kalvin Cpl Lopez, Christopher Cpl Martinez Jr, Jose Cpl Martinez Jr, Jose Cpl McCarthy, John Cpl Nichols, Jason Cpl Oldenburg, William Cpl Shifflett, Andrew

Lcpl Leveridge, Alexander Lcpl Leveridge, Alexander Lcpl Love II, William Lcpl McMullen, Eric Lcpl Meditz, Jacob Lcpl Rhoades, Christopher Lcpl Rodriguez, Alejandro Lcpl Sisco, Brian

Pfc Schwartz, Alex Pfc Snipe, Marice Pfc Spagnolo, Krystal Pfc Stull, Lance Pfc Tran, Tuan Pfc Vandersloot, Nathan Pfc Wallin, Darryl (July 2) Pfc Halsey Ryan

Pfc Wambach III, Donald Pfc Wyche, Kendrick

WITH NEW RANK COMES NEW RESPONSIBILITY

Cpl Shifflett, Andrew Cpl Slapnicka, Travis Cpl Strong, Jeremie Cpl Tejada, Neil Cpl Tolentino, Ruscielle Lcpl Baumfalk, Clancy Lpcl Bone, Kenneth Lcpl Coburn, Chet

Lcpl Smith, Brian Lcpl Valdez, Joesph Lcpl Ward, Ryan Lcpl Contrata, Westley Lcpl Leung, Richard Lcpl Marsh Michael Lcpl Milnikel Darly Lcpl Milnikel Darly Lpcl Perez, Leslie Lpcl Perez, Leslie

Lcpl Coburn, Chet

## BATTALION NCO/MARINE OF THE QUARTER

#### **NCO**

Sgt Cordero Jr, Andres Motor Transportation Co. 3<sup>rd</sup> Plt

### MARINE OF THE QUARTER

Lcpl Martinez, Jose A. Motor Transportation Co. 3<sup>rd</sup> Plt

# REENLISTMENTS



Cpl Mcelhaney, Johnathan E. Motor Transportation Co

Cpl Anderson, Corey M. Motor Transportation Co.

## VOLUNTEER OPPORTUNITIES

The Family Readiness Command Team for CLB-5 is actively recruiting spouses, parents, and extended family members that are interested in building a strong and successful Family Readiness Program for CLB-5. As a Family Readiness Assistant you will provide information, referrals, and a communication link between the Commanding Officer and families of the Unit.

**Typical responsibilities of the Volunteer Assistant:** 

- -Welcoming incoming families
- --Providing information and referrals when needed
- -Offering moral support during difficult times
- -Providing feedback from families

Another volunteer need is for Morale Support Volunteers, this volunteer assists the FRO with coordination of family readiness events and parties. This opportunity is a specific, event-driven, short term volunteer need and maybe perfect if you have a demanding life but still love to volunteer.

If you are supportive of the USMC core values of *honor, courage,* and *commitment* and you share a positive attitude about the United States Marine Corps the demands it places on Marines and families, then the CLB-5 Family Readiness Program would love to have you aboard! For more information contact Dwayne Perry at 760-468-8276

Warmest regards, Dwayne Perry

# CURRENT VOLUNTEERS



If you have a

source of

or night, so

please keep Dwayne Perry

8276

on speed dial!! Cell: 760-468-

need your FRO

will be the first

information day

Commanding Officer Spouse Bernadette Jarosz

Family Readiness Advisor Rocio Cullins

Family Readiness Assistant Dede Long

dedenshane@vahoo.com

Family Readiness Assistant Elizabeth Haag

haag517@yahoo.com

Family Readiness Assistant Emillie Kvietkus

truesouldancer@hotmail.com

# **JOIN THE TEAM!**

# Helpful Resources

Marine and family services provide programs services and information for active duty Marines, Sailors. family members and retirees. Services range from education opportunities to child care. Family Services is located in building 1795 near the rear Gate or can be reached by telephone at 760-725-9052

L.I.N.K.S: (Lifestyle Insights, Networking, Knowledge, and Skills) provides information to all Marines and family members on the resources available and methods for meeting challenges of the military lifestyle. Sessions are available for Marines, spouses, kids, teens, and parents/extended family members of Marines. (760) 763-1337

Children Youth and Teen Program; This Branch provides a full range of services to support parents in the raising of their children. Services include parent information, education, out-of-home child care and youth services for ages 6 weeks to 18 years of age (still in school). Program components include: Resource and Referral, Child Development Centers, Family Child Care, Drop In/Hourly Care, Youth Programs and School Age Care. 760-725-6308

<u>Family Readiness Program Training:</u> Family Readiness Program Training offers services to assist commands in developing effective readiness programs while helping unit families become self-sufficient. Family Readiness Program Trainers offer training for Command Teams, Family Readiness Officers, Family Readiness Advisors, and Family Readiness Assistants on their roles and responsibilities in the Unit Family Readiness Program.

<u>LifeSkills Education and Training:</u> LifeSkills Training provides connection to, or facilitation of, various workshops in areas such as parenting, financial management, stress and anger management, and understanding personality differences.

LifeSkills also coordinates and facilitates the Spouses' Learning Series, a three-tiered program providing Marine Corps spouses the opportunity to further their personal and professional growth through workshops and online educational courses.

# Marine Corps Birthday Ball!!

## Hilton Bayfront Hotel

Nov 10, 2009

Cocktail Hour: 1700-1800

Ceremony and Dinner 1800-2000

**Dance Until Midnight** 



# PARENT SUPPORT PROGRAMS

If you have any problems with personal finances, emotional support during deployments, relocation information or resources needed for special circumstances, **Military One** Source is there for military personal and their families. 1-800-342-9647 or log on at



### **BABY BOOT CAMP**

This class is a great way to learn everything you need to know to take care of your infant! Class includes everything from keeping baby safe, taking care of you as a parent, dealing with crying, bathing, and caring for a baby, and resources for families at Camp Pendleton. This class is held once a month from 9:00am-4:00pm. Call for class dates and registration.

## **OUR FIRST FRIENDS...MOMMIE AND ME SUPPORT GROUP**

Bring your baby and meet with others for a morning of social support, sharing, and fun! This group is for mothers and their babies 12 months and under. Our First Friends is held every Thursday at the Abby Reinke Community Center from 10:30am-12:00pm.

### **PLAY MORNING**

This is a "funtastic" way to get out of the house with the kids and have a GREAT time! Simple crafts, songs, toys, and camaraderie geared for families with children age 5 and younger. Play morning is held every Thursday at the Abby Reinke Community Center from 10:00am to 11:30am.

## **PARENTING CLASSES**

Kids do not come with instruction manuals. This class discusses topics designed to make your life easier and help you raise healthy, cooperative children. Communication, discipline for the whole family, self-esteem, and much, much more! This class is taught over nine weeks. You may attend one class or all nine. Call for class dates and times.

## WIC - WOMEN, INFANTS AND CHILDREN

WIC is a supplemental food program for women (including pregnant or breastfeeding), infants and children under 5. Eligible applicants will receive coupon for a variety of foods. Nutrition education is also provided. Call (800) 500-6411 for specific qualifications, income guidelines and to find the closest office to you.

!!Please Call 760-725-3884 for all programs!!

www.militaryonesource.com (24/7)

# Single Marine Program (SMP)

The Single Marine Program (SMP):

SMP was established to provide a forum for Marines to identify quality of life (QOL) ideas and issues.

Activities and events are as varied as the single Marines the program serves, because it belongs to the Marines.

Activities typically fall under one of 5 program components: recreation, life skills, career progression, health and wellness.

SMP centers are a unique place for service members to relax. SMP centers include: pool tables, foosball, air hockey, Play station 2 and 3 X-box 360, Nintendo, and Big screen televisions 100% free.

Remind all Marines and Sailors about this program!!

#### **November SMP Information**

**15 Nov 1030** Chargers Game\* Free- tickets will not be distributed, you must sign up and ride with SMP to and from the game to enjoy these tickets, we only have 7 tickets for each game. Game starts at 1315.

**17 Nov 0600** Price is Right Trip\* Free- you must sign up and ride with SMP to attend. Civilian attire only, you must be on leave or special liberty to attend this event.

**26 Nov 1100** Home for the Holiday Program\* Would you like to be placed with a local family for Thanksgiving lunch or Dinner? Sign-up with SMP for this program.

**29 Nov 1030** Chargers Game\* Free- tickets will not be distributed, you must sign up and ride with SMP to and from the game.

### **SMP Volunteer Opportunities**

10 Nov 1600 Rancho Vista Retirement Home visit\* requested uniform of the day Charlies.

18 Nov 1600 Fairwinds Retirement Home visit\*

19 Nov 1600 Belmont Retirement Home visit\*

#### **SMP** centers

**21 AREA CAMP DEL MAR** Bldg. 21704 # 760-725-2019

**33 AREA CAMP MARGARITA** Bldg. 33607 # 760-725-4988

**43 AREA LAS PULGAS** Bldg. 430314 # 760-725-5205

**53 AREA CAMP HORNO** Bldg. 53341 # 760-725-7857

**62 AREA SAN MATEO** Bldg. 62527 # 760-763-4354

SMP Website Sites: <a href="https://www.mccs.com/home/event">www.mccs.com/home/event</a>

www.mccscp.com/home/recreation/main

SMP Danielle West

Phone: (760) 725-6722

E-Mail: Westdn@usmc-mccs.org

www.mccscp.com/home/recreation/main

## CHAPLAIN'S CORNER



Message from the Chaplain:

Our purpose is to support and assist CLB-5 Marines, Sailors, and their families in religious development, relationship enhancement, and personal growth to the best of our abilities.

The CLB-5 Religious Ministry Team consists of Chaplain Fuimaono and RP2 Drachenberg. I was an associate pastor at Samoan Congregational Christian Church and Counselor at Juvenile Institution prior to becoming a Chaplain and now with motivated CLB-5. Marines, Sailors, and their families are our number one priority regardless of their faith. We will develop a unique bond with the Marine Corps by sharing sacrifices and gain credibility by being in the field with Marines, enduring hardship, and delivering religious ministry and compassionate pastoral care. To this end, we validate and are reminded at all time of our Chaplain Core responsibilities. Chaplains in the Navy facilitate diverse religious accommodations by outsourcing and networking with various resources. I personally provided and accommodated worship services, pastoral care/counseling, and religious education within various faith traditions. I will provide the best possible care for Marines, Sailors, and their families by delivering institutional ministry, counsel, and relational needs outside of a faith group context. I will advise leaders at all levels on issue relating to morale, spiritual well-being, moral and ethics, and the impacts of religious opportunities during my time with CLB-5.

If I can do anything for you, please do not hesitate to contact me or RP2 Drachenberg Our office number is 760.725.2777, my cell is 415.571-3720, RP2's cell is 281-785-6045 and my email is <a href="mailto:Saumaleato.fuimaono@usmc.mil">Saumaleato.fuimaono@usmc.mil</a> or email RP2 at Paul.B.Drachenberg@usmc.mil

### Chaplain Salimaleato Fuimaono



RP2 Drachenberg days before the ball.

P.R.E.P: Prevention Relationship Enhancement Program is a one-day workshop that helps couples communicate and connect more effectively. Participants learn and practice proven techniques. Key topics include: Relationship Risk Factors, Communication Danger Signs, Safety and Structure in Communication, and When Forgiveness Isn't Easy.

(760) 725-4954

<u>CREDO</u>: CREDO's name comes from a Latin word meaning I believe! In fact, the unit is actually a training team with the goal of building the belief of Marines and Sailors in five key areas: Self, Relationships, Team, Unit, and God. While CREDO is staffed by specially trained Navy Chaplains, its programs, retreats, and seminars are not necessarily religious in nature.

(760) 725-4954

If you would like to contribute to our quarterly newsletter please submit suggestions or comments to dwayne.perry@usmc.mil or call 760-468-8276.